



NBRC Gym Schedule

June 6th-June 30th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday		
6:00am	Open Gym 6:00-7:30	Open Gym 6:00-7:45	Open Gym 6:00-7:30	Open Gym 6:00-7:45	Open Gym 6:00-7:30	Open Gym 6:30-8:30	Open Gym 7:30-8:30		
6:30am									
7:00am									
7:30am	Drop-in Fit For Life 7:30-8:30	Drop-in MRT 7:45-8:45	Drop-in Fit For Life 7:30-8:30	Drop-in MRT 7:45-8:45	Drop-in Fit For Life 7:30-8:30	Drop-in CoEd Volleyball 8:00-12:00			
8:00am									
8:30am									
9:00am	Drop-in Pickleball 8:30-10:30	Drop-In Ayre 9:00-10:00	Drop-in Pickleball 8:30-10:30	Open Gym 8:45-1:00	Drop-in Pickleball 8:30-10:30	Barbell Circuit 8:30-9:30			
9:30am									
10:00am									
10:30am	Drop-in Fit For Life 10:30-11:30	Open Gym 10:00-1:00	Drop-in Fit For Life 10:30-11:30	Open Gym 8:45-1:00	Drop-in Fit For Life 10:30-11:30	Drop-In Ayre 10:15-11:15			
11:00am									
11:30am									
12:00pm	Drop-in Adult Basketball 11:30-1:30	Drop-in Senior Basketball 1:00-2:30	Drop-in Adult Basketball 11:30-1:30	Drop-in Senior Basketball 1:00-2:30	Drop-in Adult Basketball 11:30-1:30	Open Gym 11:15-7:00	Open Gym 12:00-8:00		
12:30pm									
1:00pm									
1:30pm	Open Gym		Open Gym		Open Gym				
2:00pm	Camps 2:00-4:30	Camps 2:30-4:30	Camps 2:00-4:30	Camps 2:30-4:30	Camps 2:00-4:30				
2:30pm									
3:00pm									
3:30pm									
4:00pm									
4:30pm	Open Gym	Open Gym 4:30-5:30	Open Gym 4:30-5:15	Open Gym 4:30-5:30	Open Gym 4:30-7:30				
5:00pm	Setup		Setup						
5:30pm	Drop-in HIIT 5:30-6:15		Barbell Circuit 5:30-6:15					Drop-in HIIT 5:30-6:15	Barbell Circuit 5:30-6:15
6:00pm	Takedown	Women's Wkt 6:00-7:00	Takedown	Women's Wkt 6:00-7:00					
6:30pm	Open Gym 6:30-9:30		Men's Basketball League 7:00-10:00					Drop-in Adult Basketball 7:00-9:00	Men's Basketball League 7:00-10:00
7:00pm									
7:30pm									
8:00pm									
8:30pm									
9:00pm			Open Gym						
9:30pm									

GYM SCHEDULE IS SUBJECT TO CHANGE AT ANY TIME

For more information call 303-413-7260 or go to [Http://www.boulderparks-rec.org](http://www.boulderparks-rec.org)